

STAAU TRACK & FIELD DISTRICT QUALIFIER (Northern Region)

*Dragon Stadium
620 Lake Creek Drive
Round Rock, Texas 78681*

June 14-15, 2013

South Texas AAU Athletics Event Host

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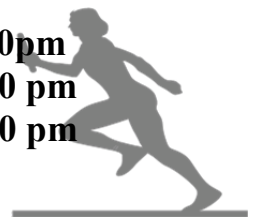
CHECK - IN

June 13, 2013	Early Check-In @ Dragon Stadium	5:30pm – 8:30pm
June 14, 2013	Check-In @ Dragon Stadium	6:00 am - 1:00 pm
June 15, 2013	Check-In @ Dragon Stadium	6:00 am - 1:00 pm

ENTRY FEE: \$20.00

ELIGIBILITY: Must have a valid AAU 2013 membership, and live in the following counties. Bandera, Bastrop, Bell, Blanco, Burleson, Burnet, Caldwell, Comal, Coryell, Edwards, Fayette, Gillespie, Gonzales, Guadalupe, Hays, Kendall, Kerr, Kimball, Lampasas, Lavaca, Lee, Llano, Mason, Menard, Milam, Real, Schleicher, Sutton, Travis, Val Verde, Williamson.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with internet connection. Participants are encouraged to visit the AAU web site at www.aausports.org to obtain their membership.





Online Registration Required

Online entry MUST be done at www.coacho.com

Online registration will not be reopened after closing time. Therefore, you must make all final changes before closing time. **NO ATHLETES WILL BE ALLOWED TO ENTER AFTER THE CLOSING TIME.**

WARNING: Many coaches procrastinate and wait to register the last night. As a result, they end up running out of time and experienced problems related to high volume. Running out of time and/or experiencing technical problems is no excuse for missing the registration deadline. Make life easier by registering before deadline.

PLEASE DOUBLE CHECK YOUR ENTRIES USING THE EMAIL CONFIRMATION YOU RECEIVE.

AGE PROOF: Required when registering and whenever challenged. Must be an Original or Notarized copy of Birth Certificate, Driver's License, Military ID, or current Passport; ABSOLUTELY required at The National Junior Olympic Games.

AAU CARD: Cost is \$12.00 per card and must be purchased online at www.aausports.org before competing at any Sanctioned AAU Meet. Cards must be presented at the District Qualifier Meet.

RELAYS: Relays are run in the Primary, Bantam, Midget, Youth, Intermediate, and Young Women/Men age divisions only. Relay teams must have current 2012 Club Membership. All relay teams must wear tops and shorts of the same color.

AWARDS: Top 3 finishers in each event will receive a medal. It is the responsibility of the competitor, coach, or parent to pick up awards before leaving meet. No medals will be mailed.

RESULTS: Results will be posted online at www.aauathletics.org

FOOD & DRINK: There will be concessions available. Medium size ice chest may be brought in with fruit, water & sports drinks. No glass containers will be allowed. Ice chests will be inspected by police officers at the gate. Fast food meals will not be allowed in the stadium.

STADIUM: Parents and Coaches are not allowed on the track or infield. Only Officials with Credentials will be allowed on the track.

MEDICAL: Certified Trainers will be available for injuries and first aid only. No taping of athletes by trainers.



AGE DIVISIONS:

2005 & After	PG/PB	8 & Under Girls & Boys
2004	SBG/SBB	9 Year Old Girls & Boys
2003	BG/BB	10 Year Old Girls & Boys
2002	SMG/SMB	11 Year Old Girls & Boys
2001	MG/MB	12 Year Old Girls & Boys
2000	SYG/SYB	13 Year Old Girls & Boys
1999	YG/YB	14 Year Old Girls & Boys
1997/1998	IG/IB	15-16 Year Old Girls & Boys
1996/1997	YW/YM	17-18 Year Old Girls & Boys

ROLLING SCHEDULE – Track & Field Start time is 7:00 am. Events will be run one after the other. Athletes are responsible for their events and should be present awaiting for the start of their event. You must pay attention and listen for all PA announcements.

EXEMPT EVENTS – Multi-Events, Steeplechase, Pole Vault, and Javelin are exempt from competing in the District Meet. Athletes will still register for these events at the District level, but they will only compete at the National Qualifier Meet.

YOU ARE HEREBY NOTIFIED THAT THE MEET SCHEDULE OUTLINED IS TENTATIVE AND SUBJECT TO CHANGE WITHOUT PRIOR WRITTEN NOTICE.
A SCHEDULE WILL BE AVAILABLE UPON CHECK-IN.



ALL RUNNING EVENTS ARE TIMED FINALS

FRIDAY, JUNE 14th

7:00AM

3000 Meter Run (SMG, MG, SMB, MB)
4 x 100 Meter Relay (PG, PB, BG, BB, MG, MB)
80 Meter Hurdles (8-30") (SMG, SMB, MG, MB)
800 Meter Run (PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB)
100 Meter Dash (PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB)
1500 Meter Racewalk (SBG, SBB, BG, BB, SMG, SMB, MG, MB)
400 Meter Dash (PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB)
4 x 800 Meter Relay (MG, MB)
200 Meter Dash (PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB)
1500 Meter Run (PG, PB, SBG, SBB, BG, BB, SMG, SMB, MG, MB)
4 x 400 Meter Relay (BG, BB, MG, MB)

SATURDAY, JUNE 15th

7:00AM

3000 Meter Run (SYG, SYB, YG, YB, IG, IB, YW, YM)
4 x 100 Meter Relay (YG, YB, IG, IB, YW, YM)
110 Meter Hurdles (10-39") (IB, YM)
100 Meter Hurdles (10-33") (SYB, YB, IG, YW)
100 Meter Hurdles (10-30") (SYG, YG)
800 Meter Run (SYG, SYB, YG, YB, IG, IB, YW, YM)
100 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)
3000 Meter Racewalk (SYG, SYB, YG, YB, IG, IB, YW, YM)
400 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)
4 x 800 Meter Relay (YG, YB, IG, IB, YW, YM)
400 Meter Hurdles (10-36") (IB, YM)
400 Meter Hurdles (10-30") (IG, YW)
200 Meter Hurdles (8-30") (SYG, SYB, YG, YB)
200 Meter Dash (SYG, SYB, YG, YB, IG, IB, YW, YM)
1500 Meter Run (SYG, SYB, YG, YB, IG, IB, YW, YM)
4 x 400 Meter Relay (YG, YB, IG, IB, YW, YM)



FIELD EVENTS

FRIDAY JUNE 14th

SHOT PUT	RING 1	8:00	SYG	RING 2	8:00	SYB		
		9:30	IG		9:30	IB		
		11:00	YG		11:00	YB		
		1:30	YW		1:30	YM		
DISCUS	RING 1	8:00	YW	RING 2	8:00	YM		
		9:30	YG		9:30	YB		
		11:00	IG		11:00	IB		
		1:30	SYG		1:30	SYB		
LONG JUMP	PIT 1	8:00	SYG	PIT 2	8:00	SYB		
		9:30	IG		9:30	IB		
		11:00	YG		11:00	YB		
		12:30	YW		12:30	YM		
TRIPLE JUMP	PIT 1	2:00	SYG	PIT 2	2:00	SYB		
			IG			IB		
			YG			YB		
			YW			YM		
HIGH JUMP	PAD 1	8:00	YW	PAD 2	8:00	YM		
		9:30	YG		9:30	YB		
		11:00	IG		11:00	IB		
		1:30	SYG		1:30	SYB		

“Sports For All, Forever”



FIELD EVENTS

SATURDAY JUNE 15th

HIGH JUMP	PAD 1	8:00	BG	PAD 2	8:00	BB		
		9:30	SBG		9:30	SBB		
		11:00	MG		11:00	MB		
		1:30	SMG		1:30	SMB		
LONG JUMP	PIT 1	8:00	MG	PIT 2	8:00	MB		
		9:30	SMG		9:30	SMB		
		11:00	PG		11:00	PB		
		1:30	SBG		1:30	SBB		
		3:00	BG		3:00	BB		
DISCUS	RING 1	8:00	SMG		8:00	SMB		
		9:30	MG		9:30	MB		
SHOT PUT	RING 1	8:00	PG	RING 2	8:00	PB		
		9:30	SBG		9:30	SBB		
		11:00	BG		11:00	BB		
		1:30	SMG		1:30	SMB		
		3:00	MG		3:00	MB		
TURBO JAV		8:00	PG		8:00	PB		
		9:30	SBG		9:30	SBB		
		11:00	BG		11:00	BB		
		1:30	SMG		1:30	SMB		
		3:00	MG		3:00	MB		

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